



## Adventure Bound Schedule

May 17-19, 2024

### Friday:

**4:30-8:00 pm:** Clubs arrive - Check-in

**6:00-7:00 pm:** DIY Dinner

**7:00-9:00 pm:** Campfire

### Saturday:

**8:30-9:00 am:** Clubs arrive - Check-in

**9:00-10:00 am:** Welcome Circle & Icebreaker Games [strongly encouraged!]

**10:15-12:00 pm:** Suggested activities:

- Hikes to [Moxie Falls](#), [Mosquito Mountain](#) or [Pleasant Mountain](#)
- Paddling + Fishing + Swimming on the river **[advisor must be present + life jackets must be worn]**

**12:00-1:00 pm:** DIY lunch back at AB or out on the trail

**1:00- 2:00 pm:** Siesta - ***This is time for your club to put their feet up and relax!***

**2:00-6:00 pm:** Suggested activities:

- Hikes to [Moxie Falls](#), [Mosquito Mountain](#) or [Pleasant Mountain](#)
- Paddling + Fishing + Swimming on the river **[advisor must be present + life jackets must be worn]**
- Free time to explore + play
- Field games -, disc golf, volleyball, basketball, bocce, etc. or swim in the pool

**3:00-6:00 pm:**

- Bus transportation to Moxie Falls provided by AdventureBound staff
- High ropes course and indoor climbing wall open

**6:00-7:00 pm:** DIY Dinner

**7:00-8:00 pm:** Campfire with S'mores competition

*Teens to Trails provides marshmallows/chocolate/graham crackers*



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**8:00-10:00 pm:** Nighttime Exploration - Bats, Owls, and a Star Tour led by amateur astronomer James Shields and Jocelyn Hubbell, Interpretive Specialist with the Maine Bureau of Parks and Lands. You'll get to know the constellations and hear the myths and legends behind them during a laser tour. Several telescopes will be on hand for viewing the night sky up close.

Please prepare to meet us in the center field. Dress warmly and pack a sleeping pad, blanket, or chair for viewing comfort, as well as a red-lens headlamp or flashlight. (Red lenses are important to protect your night vision and make for better night sky viewing for everyone.)

### Sunday:

**8:00-9:00 am:** Meet our raft guides, safety debrief, and collect your wetsuits, life jackets, paddles and helmets

**10:00- 1:30 pm:** **White Water RAFTING!**

**2:00-3:00 pm:** Chicken barbeque lunch provided by Adventure Bound and Outdoor Club Advisor Awards

**3:00-4:00 pm:** Pack up and head home!